

Earlobe Reduction Surgery Instructions

YOU WILL NEED TO PURCHASE: ANTIBIOTIC OINTMENT (BACITRACIN/POLYSPORIN), BANDAID

Activities:

- Leave bandages in place for 24 hours. Then you may remove the dressing.
- Ok to shower after you removed the dressing. Gently clean the ear.
- Apply antibiotic ointment to the incision and cover with bandaid as needed.
- Refrain from strenuous physical activities, bending over, pressure on your ears for 7 days.

Diet

- You may eat normal diet
- Drink plenty of clear fluids during your recovery.

Medication

- Take Tylenol or Motrin/Ibuprofen for pain relief every four to six (4-6) hours as needed.

Other Information

- Your ears may become bruised and swollen. Do not let this alarm you as this condition will improve with time.
- You may have some oozing from the incision site after the first 24 hours – this will subside – just change the dressing as needed during this time
- You can expect swelling, bruising, and tightness of the bandage, however, if there is excessive bruising and pain (especially on one side), sudden excessive swelling, high fevers (>101.5) call the office immediately. The office number is 410-821-5151 or 410-825-5503

Please don't hesitate to call the office if you have any questions.

You may also email Dr. Hahn at samhahn@mdfacialplasticsurgery.com with any postop questions.